

Summer In The Psalms

Honest Faith, Deep Worship, Steady Hope

God In The Middle Of Chaos

Psalm 46



Sermon Notes | Jeff Randleman | August 30, 2026

Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!

– Psalm 46:10 (ESV)

When Everything Is Shaking, God Is Still Our Refuge

God doesn't promise a life without trouble.

God is not merely available; he is present.

When the World Is Unstable, God Is Still Our King

God's presence gives his people stability.

God is still working when we cannot see what he is doing.

When We Don't Know What to Do, God Calls Us to Be Still

Sometimes faith means stopping.

Stillness is not inactivity; it is surrender.

When Everything Around Us Is Loud, God Reminds Us Where Our Peace Is Found

Our peace is rooted in God's character, not our circumstances.

The Greatest Evidence That God Is With Us Is Jesus

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Matters for Reflection and Discussion:

1. What kinds of circumstances tend to make you feel most anxious or unsettled?
2. What does Psalm 46:1 teach us about God's presence when we are in trouble?
3. Why do you think the psalmist uses such dramatic images of earthquakes, roaring waters, and collapsing mountains?
4. What is the difference between trusting God and simply hoping that our circumstances will improve?
5. What are some things you are tempted to control instead of surrendering them to God?
6. What do you think God means when he says, "Be still, and know that I am God"?
7. How does knowing that God is sovereign change the way we respond to uncertainty?
8. How does Jesus demonstrate that God is not distant from our suffering and chaos?
9. What is one situation you need to place more fully in God's hands this week?