

# Summer In The Psalms

## Honest Faith, Deep Worship, Steady Hope

### Two Paths, One Life

#### Psalm 1

Sermon Notes | Jeff Randleman | July 5, 2026

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*He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.*

– Psalm 1:3 (ESV)

#### **The Path to God’s Blessing:**

Two Voices Compete for Your Heart.

Healthy Roots Produce Flourishing Lives.

Two Destinies Reveal Two Ways of Living.

One God Knows the Way Home.

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Matters for Reflection and Discussion:

1. Psalm 1 describes two different paths in life. Which descriptions of the righteous person stand out to you the most, and why?
2. This psalm suggests that every life is being shaped by something. What voices or influences compete for your attention and affection on a daily basis?
3. Read verses 1-3. What do you think it means to “delight” in God’s Word rather than simply reading it out of obligation?
4. The image of a tree planted by streams of water emphasizes healthy roots before visible fruit. What spiritual habits have helped deepen your relationship with Christ? Which ones would you like to strengthen?
5. Can you think of a season in your life when God’s Word gave you stability during a difficult circumstance? What did you learn from that experience?
6. Read John 15:1-8. How does Jesus’ teaching about abiding in him expand or reinforce the picture of the flourishing tree in Psalm 1?
7. In what practical ways can our church family help one another remain rooted in Christ and encourage spiritual growth throughout the week – not just on Sundays?
8. What’s one specific step you can take this week to spend more intentional time in God’s Word, prayer, or meditation?