

Refreshed

Rediscovering Life In Christ

Christ In The Home

Ephesians 5:22-6:9

Sermon Notes | Jeff Randleman | June 14, 2026



...submitting to one another out of reverence for Christ.

– Ephesians 5:21 (ESV)

Christ in the Home Begins with Mutual Submission.

Christ Shapes the Relationship Between Husband and Wife.

Christ Shapes the Relationship Between Parents and Children.

Christ Changes How We Approach Work and Responsibility.

The Home Becomes Strong When Christ Is Central.

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Matters for Reflection and Discussion:

1. Why do you think Paul begins his instructions about family relationships with the command to “submit to one another out of reverence for Christ” (5:21)? What does mutual submission look like in everyday life?
2. How does being “filled with the Spirit” (5:18) influence the way we interact with our spouse, children, parents, coworkers, or others in our daily relationships?
3. In what ways does Jesus model both humility and leadership? How can his example shape our approach to relationships at home?
4. Paul describes marriage as a picture of Christ and the church. What aspects of the gospel should be visible in a Christian marriage?
5. Why is sacrificial love often more difficult than it sounds? What are some practical ways spouses can put one another’s needs ahead of their own?
6. What does it mean for children to honor their parents as a lifelong principle? How might honoring parents look different in various stages of life?
7. According to Ephesians 6:4, what are some ways parents can encourage spiritual growth in their children without provoking discouragement or resentment?
8. How does remembering that we ultimately work for Christ change our attitude toward difficult tasks, challenging coworkers, or unrecognized service?
9. Why is integrity especially important when nobody else is watching? What does our private conduct reveal about our relationship with Christ?
10. Looking at your home, family, workplace, or closest relationships, what is one area where Christ’s influence needs to become more central? What practical step can you take this week to move in that direction?