

Refreshed

Rediscovering Life In Christ

Refreshed By Grace

Ephesians 2:1-10

Sermon Notes | Jeff Randleman | March 29, 2026



For by grace you have been saved through faith. And this is not your own doing; it is the gift of God...

– Ephesians 2:8 (ESV)

Refreshing Grace:

Remember That We Were Without Grace:

- We Were Spiritually Dead.
- We Were Controlled by Sin and the World.
- We Were Objects of Wrath.

Remember What God Has Done By Grace:

- God Acted Because of His Mercy and Love.
- God Made Us Alive with Christ.
- God Raised and Seated Us with Christ.
- God Displays His Grace Forever.

Remember How We Are Saved:

- Salvation Is by Grace.
- Salvation Is Received Through Faith.
- Salvation Is Not Our Doing.
- Salvation Is Not Based on Works.

Remember What We Are Now For:

- We Are God's Workmanship.
- We Are Created for Good Works.
- God Has Prepared Our Purpose.

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Matters for Reflection and Discussion:

1. What specific words or phrases in Ephesians 2:1–3 most vividly describe our condition apart from Christ? Why do you think Paul uses such strong language?
2. In what ways do you see the influences of “the world,” “the flesh,” and spiritual opposition still affecting people today?
3. Why is it important for believers to regularly remember their spiritual condition before experiencing God’s grace? How does this shape humility and gratitude?
4. Ephesians 2:4 begins with “But God...” – what does this reveal about God’s character, and why is this contrast so powerful?
5. What does it practically mean that God “made us alive with Christ”? How should that reality change the way we view our daily lives?
6. How do you understand being “raised and seated with Christ” in a present sense? What implications does that have for identity and security?
7. Why is it essential to understand that salvation is “by grace... through faith... not a result of works”? What dangers arise when this truth is misunderstood?
8. How can subtle forms of “works-based thinking” still creep into a believer’s mindset or church culture today?
9. What does it mean that we are “God’s workmanship”? How does this truth affect your sense of worth, identity, and purpose?
10. According to verse 10, God has prepared good works for us in advance – what might it look like to intentionally “walk in them” in your current season of life?