

Refreshed

Rediscovering Life In Christ

Refreshed Vision

Ephesians 1:15-23

Sermon Notes | Jeff Randleman | March 22, 2026



I do not cease to give thanks for you, remembering you in my prayers, that the God of our Lord Jesus Christ, the Father of glory, may give you the Spirit of wisdom and of revelation in the knowledge of him, having the eyes of your hearts enlightened, that you may know what is the hope to which he has called you, what are the riches of his glorious inheritance in the saints, and what is the immeasurable greatness of his power toward us who believe...

– Ephesians 1:16-19 (ESV)

Refreshed Vision...

Begins with a Grateful Heart

Gratitude Recognizes What God Is Already Doing.

Gratitude Prepares the Heart for Greater Clarity.

Comes Through Spiritual Illumination

We Need More Than Knowledge – We Need Revelation.

Spiritual Sight Is a Work of God.

The Heart Must See, Not Just the Mind.

Sees the Riches Already Ours

The Hope of His Calling.

The Riches of His Glorious Inheritance.

The Immeasurable Greatness of His Power.

Recognizes the Power Already at Work

Resurrection Power Is at Work in You.

Christ Is Exalted Above Every Power.

Christ Is Head Over All Things for the Church.

The Church Is Filled with His Presence.

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Matters for Reflection and Discussion:

1. Paul begins with thanksgiving for others' faith and love (verses 15-16). How does regularly thanking God for what he is doing in others reshape your perspective on your church or community?
2. In what ways can a lack of gratitude cloud our spiritual vision? Can you identify a time when gratitude helped you see your circumstances more clearly?
3. Paul prays for "the Spirit of wisdom and of revelation" (verse 17). What is the difference between knowing biblical truth and experiencing spiritual revelation? Why do we need both?
4. What do you think it means for "the eyes of your heart" to be enlightened (verse 18)? How is this different from simply gaining more knowledge?
5. Paul highlights "the hope of his calling." How would you define this hope, and how does it shape the way you live day to day?
6. What are "the riches of his glorious inheritance in the saints"? How does understanding your identity and value in Christ affect your confidence and purpose?
7. Paul emphasizes "the immeasurable greatness of his power toward us who believe" (verse 19). Where do you most need to trust that God's power is already at work in your life?
8. The same power that raised Christ from the dead is at work in believers (verses 19-20). How should this truth influence the way you face challenges, struggles, or fears?
9. Verse 23 says the church is "his body, the fullness of him who fills all in all." What does it mean for the church to be filled with Christ's presence, and how should that shape the way we live together as believers?