

Anticipation

Living In Light Of Eternity

Avoid Immorality

1 Thessalonians 4:3

Sermon Notes | Jeff Randleman | June 8, 2025

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For this is the will of God, your sanctification: that you abstain from sexual immorality...

– 1 Thessalonians 4:3 (ESV)

What Is Sexual Immorality?

πορνεία (porneia): Any form of sexual activity that does not take place within the boundaries of marriage.

How Do We Avoid It?

ἀπέχω (apecho): To refrain, to stay as distant as possible, to flee from.

Practical Action Steps:

Pray.

Don't treat this lightly.

Seek accountability.

Dig into the Word.

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Matters for Reflection and Discussion:

1. What does the term "sexual immorality" encompass, and why is it important to understand it biblically rather than culturally?
2. How does God's design for sexuality within marriage protect us rather than restrict us? Can you think of examples where stepping outside this design led to harm?
3. Paul says it is God's will for us to be sanctified. How does sexual purity relate to our overall growth in holiness?
4. Paul tells us to avoid or abstain from such immorality. What does this teach us about how we should approach temptation? How is this different from simply "resisting" it?
5. In practical terms, what does it look like to "flee" from sexual immorality in everyday life (media, relationships, thoughts)?
6. How can prayer serve as a defense and a weapon in the battle for purity? What should we be asking God for in this area?
7. Why is it dangerous to treat sexual sin lightly, and what are some of the spiritual consequences of doing so?
8. What role does accountability play in helping us pursue sexual purity? What qualities make someone a good accountability partner?
9. If someone has failed in this area, how can the gospel offer hope, healing, and a path forward? How can the church be a place of both truth and grace for them?