

# DNA Of A Healthy Church Elements Of A New Testament Church



## Theologically Grounded 1 Timothy 4:1-16

Sermon Notes | Jeff Randleman | March 10, 2024

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*Do your best to present yourself to God as one approved, a worker who has no need to be ashamed, rightly handling the word of truth.*

– 2 Timothy 2:15 (ESV)

**Theology:** The study of who God is. Good theology is coming to an understanding of who God is – His nature, His character – and what He is doing in the world, based upon what He says about Himself in His Word.

**A Healthy Church Is Theologically Grounded:**

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The following questions can be used for Small Group discussions or for personal reflection:

1. Read 1 Timothy 4. How do verses 1-3 warn against false teaching? How can a solid understanding of God's nature and character, as revealed in His Word, help believers discern and combat falsehoods?
2. Reflect on Paul's statement to "train yourself for godliness" in verse 7. How does theology inform our pursuit of godliness, and what practical steps can you take to deepen your understanding of God's Word and character?
3. Read verse 8. How does theology shape our understanding of the value and purpose of godliness in our lives?
4. Paul encourages Timothy to set an example in speech, conduct, love, faith, and purity (verse 12). How does theology influence our behavior and character, and how can we reflect God's nature and character in our daily lives?
5. Read verse 13. What does Paul suggest that we do to help us grow in our understanding of who God is and what he's doing in the world around us?
6. Reflect on Paul's charge to Timothy to "practice these things, immerse yourself in them" in verse 15. How can believers cultivate a lifestyle of both theological reflection and application in their daily lives?
7. Take some time to think and pray over Paul's closing statement in verse 16. How does good theology guide believers in both staying in the truth and living it out?
8. To help you get started in developing good theology, study the following passages. What do they reveal about God and what he's doing in the world? John 1:1-14; Romans 3:23-26; Colossians 1:15-20; Philippians 2:5-11; Hebrews 1:1-4; 1 John 4:7-21.
9. For further study, read and discuss the following Scriptures: John 17:3; Acts 20:27-32.