

Unlikely Hero

A Study Of The Psalms Of David



The Power Of Praise

Psalm 34:1-22

Sermon Notes | Jeff Randleman | September 10, 2023

I will bless the Lord at all times; his praise shall continually be in my mouth. My soul makes its boast in the Lord; let the humble hear and be glad. Oh, magnify the Lord with me, and let us exalt his name together!

– Psalm 34:1-3 (ESV)

Definitions:

Praise in the Bible refers to the act of expressing admiration, worship, and reverence for God. It involves acknowledging his attributes, character, and deeds with joyful exultation and adoration, in response to God's greatness. Praise focuses on who God is.

Gratitude or thanksgiving involves acknowledging God's blessings and provisions with a heart filled with thankfulness and appreciation. It's about recognizing God's goodness and responding with a heart of gratitude for his grace and mercy. Gratitude and thanksgiving focus on what God has done.

Why Praise?

Because the Lord has answered my _____.

Because the Lord saved me from my _____.

Because the Lord blesses me with _____.

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The following questions can be used for Small Group discussions or for personal reflection:

1. Slowly read through Psalm 34. Take note of those things that stand out to you, or that raise questions.
2. Define "Praise" in your own words. Now define "thanksgiving" or "gratitude." How are these concepts similar? How are they different?
3. Evaluate your own life for a moment. How would you rate yourself when it comes to praise and gratitude?
4. How can you improve in these areas? What might your next step be?
5. How has God answered prayer in your life? Be specific.
6. In what ways has God worked through your troubles and difficult circumstances?
7. What blessings has God poured into your life? Again, be specific.
8. For further study, read and discuss the following Scriptures (used in today's message): Psalm 34:1-22, 31:19, 84:11, 103:2-5; 1 Thessalonians 5:18; Matthew 7:11, 11:28-30; John 14:13-14, 15:7; 1 Peter 5:7; James 1:17.