

# Jonah

## A Journey Of Faith



## The Fish: Jonah's Heart Adjustment

### Jonah 2:1-10

Discussion Questions | Jeff Randleman | January 8, 2023

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*And the Lord appointed a great fish to swallow up Jonah. And Jonah was in the belly of the fish three days and three nights.*

– Jonah 1:17 (ESV)

The following questions can be used for Small Group discussions or for personal reflection:

1. Take a few minutes to read through Jonah 2. Read it slowly. Read it out loud. Reflect upon it before continuing.
2. What is the condition of Jonah's heart as this chapter begins? What is its condition as this chapter ends?
3. Describe a time in your life where you were stubborn. Was this in relation to another person or toward God? How did your stubbornness affect your situation?
4. Many times, before you can grow, you have to hit rock bottom. This could be described as being broken. When have you experienced brokenness in your life? How did it end? What did God do through it?
5. The end result is experiencing a thankful heart, even in the midst of difficult circumstances. Do you have a thankful heart?
6. A helpful resource in evaluating and working through the state of our hearts is Timothy Keller's book, *Counterfeit Gods*. You might consider picking up a copy and reading this helpful book.
7. For further study, read the following Scriptures (used in today's message): Jonah 1:17-2:10; Matthew 12:39-41; Hebrews 12:1-11.

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Sermon Notes | Jeff Randleman | January 1, 2023

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#### **The Condition Of Jonah's Heart:**

Jonah had a \_\_\_\_\_ heart.

Stubbornness only serves to prolong the predicament.

Jonah experienced a \_\_\_\_\_ heart.

Brokenness enables you to consider your situation.

Jonah begins to develop a \_\_\_\_\_ heart.

Gratitude can lead to a change of circumstances.