

Confession Is Good For The Soul
Romans 10:9-10; James 5:16

Discussion Questions | Jeff Randleman | February 6, 2022

...because, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For with the heart one believes and is justified, and with the mouth one confesses and is saved.

– Romans 10:9-10 (ESV)

The following questions can be used for Small Group discussions or for personal reflection:

1. Describe your understanding of the concept of "confession." Has your understanding changed as a result of this message?
2. What are the two different aspects of confession described in the New Testament? Read Romans 10:9-10 and James 5:16.
3. Regarding the first aspect of confession – confessing Christ as Lord – what is it that you are really confessing? Would you say this is head knowledge in your life? Or is it more from the heart?
4. How does this confession play into your allegiance/loyalty to Jesus?
5. How does it provide accountability? To whom?
6. The other side of confession concerns the confession of sins. How is this different from confessing Christ as Lord? How are they related?
7. What's required to genuinely confess our sins to one another?
8. How does it contribute to our brokenness? Why is this a good thing?
9. How are you doing when it come to this kind of confession?
10. For further study, read the following Scriptures (used in today's message): Romans 10:9-10; Matthew 16:16; John 14:6; 1 Corinthians 15:14; Matthew 10:32-33; 1 Timothy 6:12-13; Hebrews 10:23; Matthew 5:16; Hebrews 4:14, 3:1; 1 John 2:4; Matthew 7:21-23; James 5:16; 1 John 1:9; Psalm 51:17.

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Definition:

To confess is to say the same thing, to speak that which agrees with something which others speak or maintain.

The Essence of Confession:

Confession comes from the _____.

Confession is a _____.

Confession is boldly and unapologetically _____ that Jesus is the Christ, the Son of the living God!

The Purpose of Confession:

Confession reveals our true _____.

Confession strengthens a lifelong _____.

Confession makes us _____ to other people and to God.

Confession results in God being _____.

Confession provides an _____ for our lives.

The Other Side of Confession (see James 5:16; 1 John 1:9):

Confession leads to _____ (next week's topic)

Confession makes us _____.

Confession helps us _____.

Confession keeps us _____.

Confession confirms God's _____.